Carlsbad Country Day

Breakfast Menu – September 2023



9/4 Monday	9/5 Tuesday	9/6 Wednesday	9/7 Thursday	9/8 Friday
	French Toast	Waffles	Bagel and	Pancakes
School	Fruit	Fruit Yogurt	Cream Cheese	Fruit
Closed	Milk	Milk	Fruit	Milk
			Milk	

9/11 Monday	9/12 Tuesday	9/13 Wednesday	9/14 Thursday	9/15 Friday
Cereal	French Toast	Waffles	Bagel and	Pancakes
Bananas	Fruit	Fruit Yogurt	Cream Cheese	Fruit
Milk	Milk	Milk	Fruit	Milk
			Milk	

9/18 Monday	9/19 Tuesday	9/20 Wednesday	9/21 Thursday	9/22 Friday
Cereal	French Toast	Waffles	Bagel and	Pancakes
Bananas	Fruit	Fruit Yogurt	Cream Cheese	Fruit
Milk	Milk	Milk	Fruit	Milk
			Milk	

9/25 Monday	9/26 Tuesday	9/27 Wednesday	9/28 Thursday	9/29 Friday
Cereal	French Toast	Waffles	Bagel and	Pancakes
Bananas	Fruit	Fruit Yogurt	Cream Cheese	Fruit
Milk	Milk	Milk	Fruit	Milk
			Milk	

N. V

Carlsbad Country Day

Lunch Menu – September 2023



9/4 Monday	9/5 Tuesday	9/6 Wednesday	9/7 Thursday	9/8 Friday
School	Turkey Tacos	Chicken	Chicken	Citrus Chicken
Closed	Lettuce	Chow Mein	Noodle	Mac & Cheese
	Tomatoes	Carrots	Soup	Broccoli
	Peaches	Melon	Cornbread	Watermelon

9/11 Monday	9/12 Tuesday	9/13 Wednesday	9/14 Thursday	9/15 Friday
Penne Turkey	Beef	Chicken	Beef Stew	Hula Chicken
Bolognese	Stroganoff	Cauliflower	Carrots	Burgers
Peas	Broccoli	Bake	Potatoes	Peas
Pineapple	Grapes	Peaches		Pineapple

9/18 Monday	9/19 Tuesday	9/20 Wednesday	9/21 Thursday	9/22 Friday
Chicken Pita	Turkey Chili	Beef Casserole	BBQ Chicken	Chicken
Tzatziki Sauce	Cornbread	Cheddar	Green Beans	Teriyaki Rice
Cucumber	Apples	Pasta and	Cornbread	Mixed Veggies
Salad		Peppers		Mandarins

9/25 Monday	9/26 Tuesday	9/27 Wednesday	9/28 Thursday	9/29 Friday
Chicken	Turkey Tacos	Chicken Bites	BBQ Meatballs	Chicken Pasta
Parmesan	Lettuce	Carrots	Broccoli	Pesto
Green Beans	Tomatoes	Applesauce	Fruit	Edamame
Melon	Peaches			Oranges