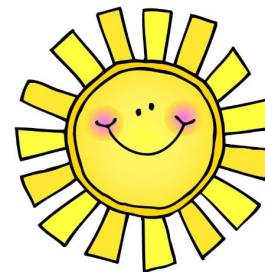


Carlsbad Country Day

Breakfast Menu – September 2022



9/5 Monday	9/6 Tuesday	9/7 Wednesday	9/8 Thursday	9/9 Friday
School Closed	French Toast Fruit Milk	Waffles Fruit Yogurt Milk	Bagel and Cream Cheese Fruit Milk	Pancakes Fruit Milk

9/12 Monday	9/13 Tuesday	9/14 Wednesday	9/15 Thursday	9/16 Friday
Cereal Bananas Milk	French Toast Fruit Milk	Waffles Fruit Yogurt Milk	Bagel and Cream Cheese Fruit Milk	Pancakes Fruit Milk

9/19 Monday	9/20 Tuesday	9/21 Wednesday	9/22 Thursday	9/23 Friday
Cereal Bananas Milk	French Toast Fruit Milk	Waffles Fruit Yogurt Milk	Bagel and Cream Cheese Fruit Milk	Pancakes Fruit Milk

9/26 Monday	9/27 Tuesday	9/28 Wednesday	9/29 Thursday	9/30 Friday
Cereal Bananas Milk	French Toast Fruit Milk	Waffles Fruit Yogurt Milk	Bagel and Cream Cheese Fruit Milk	Pancakes Fruit Milk

Carlsbad Country Day

Lunch Menu – September 2022



9/5 Monday	9/6 Tuesday	9/7 Wednesday	9/8 Thursday	9/9 Friday
School Closed	Beef Teriyaki Rice Mixed Veggies Mandarins	Turkey Tacos Lettuce Tomatoes Peaches	Chicken Pita Tzatziki Sauce Cucumber Salad	Citrus Chicken Mac & Cheese Broccoli Watermelon

9/12 Monday	9/13 Tuesday	9/14 Wednesday	9/15 Thursday	9/16 Friday
Marinara Meatballs Green Beans Watermelon	Chicken Chow Mein Carrots Melon	Chicken Bites Carrots Applesauce	Beef Stroganoff Broccoli Grapes	Turkey Chili Cornbread Apples

9/19 Monday	9/20 Tuesday	9/21 Wednesday	9/22 Thursday	9/23 Friday
Meat Lasagna Broccoli Apples	Chicken Baked Ziti Spinach Pears	BBQ Chicken Green Beans Cornbread	Chicken Pesto Pasta Cauliflower Pineapple	Chicken Teriyaki Rice Mixed Veggies Mandarins

9/26 Monday	9/27 Tuesday	9/28 Wednesday	9/29 Thursday	9/30 Friday
Chicken Parmesan Green Beans Melon	Penne Turkey Bolognese Peas Pineapple	BBQ Meatballs Broccoli Fruit	Citrus Chicken Mac & Cheese Broccoli	Chicken Pasta Pesto Edamame Oranges