Carlsbad Country Day Breakfast Menu 2022



1/3 Monday	1/4 Tuesday	1/5 Wednesday	1/6 Thursday	1/7 Friday
Cereal	French Toast	Waffles	Bagel and	Pancakes
Bananas	sticks	Yogurt	Cream Cheese	Peaches
Milk	Fruit	Milk	Pears	Milk
	Milk		Milk	

1/10 Monday	1/11 Tuesday	1/12 Wednesday	1/13 Thursday	1/14 Friday
Cereal	French Toast	Waffles	Bagel and	Pancakes
Bananas	sticks	Yogurt	Cream Cheese	Peaches
Milk	Fruit	Milk	Pears	Milk
	Milk		Milk	

1/17 Monday	1/18 Tuesday	1/19 Wednesday	1/20 Thursday	1/21 Friday
School	French Toast	Waffles	Waffles	Pancakes
Closed	sticks	Yogurt	Pears	Peaches
	Fruit	Milk	Milk	Milk
	Milk			

1/24 Monday	1/25 Tuesday	1/26 Wednesday	1/27 Thursday	1/28 Friday
Cereal	French Toast	Waffles	Waffles	Pancakes
Bananas	sticks	Yogurt	Pears	Peaches
Milk	Fruit Milk	Milk	Milk	Milk

Carlsbad Country Day Lunch Menu January 2022



1/3 Monday	1/4 Tuesday	1/5 Wednesday	1/6 Thursday	1/7 Friday
Chicken Bites	Chicken Teriyaki	Penne Pasta	Turkey Chili	Chicken
Mandarins	Rice	Sun Dried Tomato	Cornbread	Cauliflower Bake
Green Beans	Mixed Veggies	Chicken	Oranges	Peaches
		Broccoli		

1/10 Monday	1/11 Tuesday	1/12 Wednesday	1/13 Thursday	1/14 Friday
BBQ Turkey	Turkey Tacos	Chicken	Citrus Chicken	Pork Loin
Meatballs	Lettuce &	Low Mein	Mac n' cheese	Green Beans
Peas	Tomato	Carrots	Oranges	Applesauce
Applesauce	Oranges	Pineapples		

1/17 Monday	1/18 Tuesday	1/19 Wednesday	1/20 Thursday	1/21 Friday
School	Chicken	Chicken	Beef Stroganoff	Chicken Teriyaki
Closed	Parmesan	Pesto Pasta	Peas	Rice
	Garlic Bread	Carrots	Apples	Mandarins
	Green Beans	Peaches		Broccoli

1/24 Monday	1/25 Tuesday	1/26 Wednesday	1/27 Thursday	1/28 Friday
Beef &	Turkey Tacos	Chicken Marsala	Chicken	Chicken Alfredo
Macaroni	Lettuce &	Peas	Noddle Soup	Peas
Casserole	Tomato	Grapes	Cornbread	Pineapple
Bell Peppers	Oranges		Oranges	