

Carlsbad Country Day - Breakfast Menu



10/4 Monday	10/5 Tuesday	10/6 Wednesday	10/7 Thursday	10/8 Friday
Cereal Bananas Milk	French Toast sticks Fruit Milk	Waffles Yogurt Milk	Bagel and Cream Cheese Fruit Milk	Pancakes Fruit Milk

10/11 Monday	10/12 Tuesday	10/13 Wedne-	10/14 Thursday	10/15 Friday
Cereal Bananas Milk	French Toast sticks Fruit Milk	Waffles Yogurt Milk	Bagel and Cream Cheese Fruit Milk	Pancakes Fruit Milk

10/18 Monday	10/19 Tuesday	10/20 Wednes-	10/21 Thursday	10/22 Friday
Cereal Bananas Milk	French Toast sticks Fruit Milk	Waffles Yogurt Milk	Bagel and Cream Cheese Fruit Milk	Pancakes Fruit Milk

10/25 Mon-	10/26 Tuesday	10/27 Wednes-	10/28 Thursday	10/29 Friday
Cereal Bananas Milk	French Toast sticks Fruit Milk	Waffles Yogurt Milk	Bagel and Cream Cheese Fruit Milk	Pancakes Fruit Milk

Carlsbad Country Day - Lunch Menu



10/4 Monday	10/5 Tuesday	10/6 Wednesday	10/7 Thursday	10/8 Friday
Chicken Parmesan Peas & Carrots Apples	Turkey Tacos Lettuce Tomatoes Peaches	Chicken Penne Pasta Sundried Tomato	Turkey Chili Corn Bread Watermelon	Chicken Chow Mein Carrots

10/11 Monday	10/12 Tuesday	10/13 Wednes-	10/14 Thursday	10/15 Friday
Cheese Tortellini Green Beans Mandarins	Chicken Teriyaki Jasmine Rice Broccoli	Pork Loin Potatoes Apples	Marinara Meatballs Green Beans Watermelon	Penne Pasta Carbonara Peas Applesauce

10/18 Monday	10/19 Tuesday	10/20 Wednes-	10/21 Thursday	10/22 Friday
Chicken Teriyaki Jasmine Rice Broccoli	Chicken Cauliflower Bake Watermelon	Citrus Chicken Mac & Cheese Mandarin Oranges	Turkey Chili Corn Bread Peas Oranges	Lagsana Peas Pears

10/25 Monday	10/26 Tuesday	10/27 Wednes-	10/28 Thursday	10/29 Friday
Turkey Tacos Lettuce Tomatoes Peaches	Bow Tie Chicken Edamame Pasta	Marinated Sirloin Steak Roast Red Potatoes	Chicken Chow Mein Carrots Melon	Cheese Tortellini Green Beans Mandarins