

Carlsbad Country Day

Breakfast Menu - October



10/1 Monday	10/2 Tuesday	10/3 Wednesday	10/4 Thursday	10/5 Friday
Cereal Bananas Milk	French Toast sticks Fruit Milk	Waffles Yogurt Milk	Bagel and Cream Cheese Pears Milk	Pancakes Peaches Milk

10/8 Monday	10/9 Tuesday	10/10 Wednesday	10/11 Thursday	10/12 Friday
Cereal Bananas Milk	French Toast sticks Fruit Milk	Waffles Yogurt Milk	Bagel and Cream Cheese Pears Milk	Pancakes Peaches Milk

10/15 Monday	10/16 Tuesday	10/17 Wednesday	10/18 Thursday	10/19 Friday
Cereal Bananas Milk	French Toast sticks Fruit Milk	Waffles Yogurt Milk	Bagel and Cream Cheese Pears Milk	Pancakes Peaches Milk

10/22 Monday	10/23 Tuesday	10/24 Wednesday	10/25 Thursday	10/26 Friday
Cereal Bananas Milk	French Toast sticks Fruit Milk	Waffles Yogurt Milk	Bagel and Cream Cheese Pears Milk	Pancakes Peaches Milk

Carlsbad Country Day Lunch Menu - October



10/1 Monday	10/2 Tuesday	10/3 Wednesday	10/4 Thursday	10/5 Friday
Chicken Bites Broccoli Peaches	Penne Pasta Carbonara Peas Pineapple	Citrus Chicken Mac n' cheese Green Beans Oranges	Pork Loin Broccoli Applesauce	Columbian Chicken Soup Cornbread Pears

10/8 Monday	10/9 Tuesday	10/10 Wednesday	10/11 Thursday	10/12 Friday
Pizza Party Fruit Veggies	Taco Tuesday Chicken Lettuce Peaches	Chicken Parmesan Garlic Bread Green Beans	Chicken Fried Rice Carrots Pineapple	Beef stew Corn Bread Pears

10/15 Monday	10/16 Tuesday	10/17 Wednesday	10/18 Thursday	10/19 Friday
4 Cheese Tortellini Green Beans Pears	Bratwurst Potatoes Peas Applesauce	Pesto Pasta With Chicken Carrots Oranges	Chicken Hula Burgers Broccoli Pineapple	Turkey Chili Cornbread Peaches

10/22 Monday	10/23 Tuesday	10/24 Wednesday	10/25 Thursday	10/26 Friday
Spaghetti & Meatballs Peas Applesauce	Chicken Noodle Soup Cornbread Oranges	Chicken Cauliflower Bake Pears	Chicken Enchilada Casserole Pineapple	Beef Stroganoff Peas Peaches